



ASPIRE NEWS

YOUR COMMUNICATION EXPERTS!



Share the Passion with Our Community!

Here's a perfect way for you to observe Black History Month. Purchase our specially designed T-Shirt for yourself or as a gift.

Because of your previous T-shirt purchases, Aspire donated 90 books to Reading Heart for Christmas!

We want to continue supporting our children and community in Fresno. So, help support the cause by purchasing a T-shirt on our website to donate a goal of 100 more books to Reading Heart.

Inside:

Help us Donate books -P1

Educational Tips -P2

Fast ForWord-P2

Helping children produce speech through PROMPT -P3



Elements-a new reading program for adolescents

By Kathryn Wage, Director

At Aspire, we have used Scientific Learning Programs, now A Carnegie Learning Solution, since 1995 and relied on the 30+ years of multi-level research that backs up the programs. We are excited because the company has just released the first evidence-based reading intervention designed for adolescent learners, "Elements."

As therapists, we have witnessed first-hand the gains thousands of learners have made in their cognitive skills and reading development using other Scientific Learning products. The company has continuously used applied science to maximize the gains learners make. Because of the consistent results, people worldwide use their programs to develop reading and cognitive skills.

We are proud to offer their latest product, "Elements," which establishes Mastery-Based Learning in reading and cognitive skills. The new release enables adolescent learners to achieve mastery of new skills on their own through a combination of instruction, persistent practice, and continuous assessment and feedback.

- M**—Motivating learners to stay engaged
- A**—Adaptive learning focused on what the learner needs
- S**—Socially safe environment for struggling adolescents
- T**—Training reading and cognitive skills simultaneously
- E**—Effortful practice to build core skills
- R**—Rigorous high-frequency trials
- Y**—Yielding word recognition and comprehension

You can call our office to schedule a free consultation to learn more about all the Scientific Learning Programs.

Educational Tips

BY GOVANNA CARRION

Multiplication used to be a tremendous amount of fun for me when I was a kid. My teacher used to have a multiplication race, and whichever team won got to line up first. This race was not only exciting but rewarding. I am definitely not a math genius, but there have been helpful tools that have helped me along the way to understand and solve certain math equations.

Skip counting can help minimize the idea that multiplication is difficult. If a student can add, then a student can also multiply. Students often say they do not know the answer to what is 5x4, but will recognize the answer to what is 5x3. I will reply with, "Why don't you add five?" They will add five and solve that multiplication fact quickly. That introduces the method of skip counting. It will start by laying out a visual pattern of numbers with blanks in between every few of them. The student will fill in the missing blanks of this pattern. They might be confused at first but explain to them to count the number pattern starting with the beginning number by 1. Afterward, start quizzing them on their multiplication facts of the number pattern that they have filled in.

Once that pattern is memorized, it might be easier for them to use their fingers to count based on that. Why don't you give it try with your child? Here's a practice pattern: 2 ___ 8 ___ 12 ___ 18 ___ Now, what is 2x2 and 2x5? You have now mastered multiplication and skip counting!

Learn about PROMPT:

A Therapist's Tool to Help Your Child

-By Tracy Farrar, Speech Language-Pathologist



Does your child have difficulty producing speech? Speech sound production may appear easy, but it does not start at the mouth, it starts at the brain. Individuals who have neurological impairments or a motor planning disorder can be at risk for minimal to no speech output and treatments often require specific technique(s) for progress to occur.

Here at Aspire, we offer a holistic approach to speech that offers rapid results and notable progress. PROMPT (Phonetic Restructuring of Oral Muscular Phonetic Targets) is a systematic program where a PROMPT trained/certified therapist uses a hands-on approach (tactile-kinesthetic) to train the movement patterns of speech. These dynamic movements focus more on the motion required to make a sound versus on the speech sound itself.

PROMPT provides a solid foundation and a hierarchy that begins at the client's personal levels and takes into account their social, emotional and physical capabilities. PROMPT has shown to be especially beneficial for those clients with Apraxia of Speech and for those nonverbal individuals on the Autism Spectrum. If you are considering trying the PROMPT approach, the treating Speech-Language-Pathologist should be trained/certified. If you are interested in gaining support for verbal expression, our PROMPT trained therapists here at Aspire are here to assist.



We offer free consultations to new clients.
Contact us at grow@aspirepeech.com
Call us at 559-228-9100
Check out our services at aspirepeech.com