



ASPIRE NEWS



August Updates

Aspire is selling t-shirts to raise money for our upcoming Free Little Library outreach. The t-shirts are available for \$20 each. contact the office at 559-228-9100 to make a purchase.

Aspire is participating in the Walk for Apraxia virtual walk-a-thon.

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Apraxia: What a Speech Pathologist wants you to know

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Little Free Library
T-Shirt Fundraiser

Featured Apraxia Star and
Therapist for Walk for Apraxia 2020

How to reach us

Apraxia: What our Speech Pathologists want you to know.

- Childhood Apraxia of Speech (CAS) is a disorder that originates in childhood, but difficulties may persist through adolescence and possibly into adulthood.
- CAS results in difficulty planning movement sequence not explained by muscular weakness. “Difficulty planning” means the child knows what he/she wants to say, but he/she struggles getting the message from his/her brain to his/her mouth.
- Find a therapist that is knowledgeable about the evaluation and treatment needs for this diagnosis.
- Childhood apraxia of speech requires a lot of short bursts of intensive therapy so be prepared to be flexible with your schedule and to learn how to continue treatment at home.
- Like most speech and language disorders, the earlier the start of intervention the better the prognosis!

Thanks to recent research by Overby, Caspari, and Scriber (2019), we now have 7 RED FLAGS...

- Limited vocalizations in the first two years of life
- Lack of a consonant by 12 months of age
- Use of fewer than 3 consonants by 16 months of age
- Use of fewer than 5 consonants by 24 months of age
- Limited to no velar (/k, g/) productions
- Favoritism of stops (/p, b, d, t/) and nasals (/m, n/) over other consonants
- Productions at 13-18 months are largely vowels, with little use of other syllable shapes

-Information provided by Ke-Hsin Sneed, M.A. CFY-SLP, Shannon Johnson, M.A, CCC-SLP, and Kristin Flannigan M.A, CCC-SLP, Speech Pathologists at Aspire Speech & Learning Center



Aspire's Little Free Library Coming Soon

Help Support our hosting of a community Little Library. Our shirts are \$20 each and funds will be put towards hosting and stocking the library. The library's location will be announced soon. We also welcome book donations. Go to our website below to learn more about the project.

<https://aspirepeech.com/we-need-diverse-books/>

SUPPORT OUR APRAXIA STAR

Kristin Flannigan, M.A. CCC-SLP and her Apraxia star will be featured on the Apraxia virtual walk. You can be part of the Aspire Apraxia walk team, see the link below. The walk will occur through the second week of September.



https://secure.apraxia-kids.org/site/TR/Walk/WalkForChildren?team_id=19743&pg=team&fr_id=2942

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